



look good **feel better**

FACING CANCER WITH CONFIDENCE

# Workshop

Join us for a **FREE**  
Look Good Feel Better workshop.

In just over two hours we'll offer you skincare, make-up and headwear tips and tricks to help you face your cancer with confidence.

**Registration is essential.**

**Call 1800 650 960 or visit [lgfb.org.au](http://lgfb.org.au)**

to register for one of these upcoming workshops:

## Mona Vale

<b>March 4, 2019</b>	<b>10:00am - 12:30pm</b>
<b>June 3, 2019</b>	<b>10:00am - 12:30pm</b>
<b>September 2, 2019</b>	<b>10:00am - 12:30pm</b>
<b>December 2, 2019</b>	<b>10:00am - 12:30pm</b>



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## Macquarie

February 27, 2019	6:00pm - 8:30pm
April 3, 2019	6:00pm - 8:30pm
July 24, 2019	6:00pm - 8:30pm
September 18, 2019	6:00pm - 8:30pm
October 30, 2019	6:00pm - 8:30pm
December 4, 2019	6:00pm - 8:30pm



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## St Leonards

February 18, 2019	10:00am - 12:30pm
April 29, 2019	10:00am - 12:30pm
June 24, 2019	10:00am - 12:30pm
August 26, 2019	10:00am - 12:30pm
October 21, 2019	10:00am - 12:30pm
December 9, 2019	10:00am - 12:30pm



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## Crows Nest

February 4, 2019	10:00am - 12:30pm
March 25, 2019	10:00am - 12:30pm
May 20, 2019	10:00am - 12:30pm
July 29, 2019	10:00am - 12:30pm
September 23, 2019	10:00am - 12:30pm
November 18, 2019	10:00am - 12:30pm



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## Wahroonga

February 12, 2019	10:00am - 12:30pm
March 19, 2019	10:00am - 12:30pm
May 7, 2019	10:00am - 12:30pm
June 18, 2019	10:00am - 12:30pm
July 30, 2019	10:00am - 12:30pm
September 3, 2019	10:00am - 12:30pm
October 15, 2019	10:00am - 12:30pm
November 12, 2019	10:00am - 12:30pm
December 10, 2019	10:00am - 12:30pm